

"Giving Hope, Restoring Hope to Widows and Orphans"



**ROCK OF AGES
EMPOWERMENT FOUNDATION**

*A 3 - Day Training Program Organized
by Rock of Ages Empowerment Foundation (RAEF) to Reach Out To Youths, Children & The
People of Abuja*

Activities Carried Out;

Day 1 - 2; 31st October and 1st November, 2019; Youth Skill Acquisition Training Program
Day 3; 2nd November 2019, Free Medical Outreach & De worming Program

Venue: RAEF Permanent Site, Pyakasa, Abuja

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EXECUTIVE SUMMARY

Rock of Ages Empowerment Foundation was founded in 2007 and registered as a corporate body on the 23rd June, 2009 under the Companies and Allied Matter Act, (Part 'C') 1990 of the federal Republic of Nigeria. We owe and carry out free medical treatment; free education support programs, youth and widows empowerment.

The Rock of Ages Empowerment Foundation believes in restoring hope, giving hope to the widows and orphans and in so doing, the foundation uses her yearly international widow's day celebration to empower widows who were trained on different skills and also provide scholarship to the orphans.

The foundation carries out research, training, outreaches and public educational campaigns about the needs for widow's empowerment, orphans and other vulnerable groups in the society. It is committed to its mission of transforming the lives of the underprivileged individuals through quality education, good medical treatments, and financial support, regardless of age, gender, race, religion or financial status.

Rock of Ages Empowerment Foundation with funding from the sales of spiritual books, provided training program for the youth and free medical outreach and de worming program for the general population using a multi disease approach.

The highlight of the activities for the period under review was youths skill acquisition training program and free medical outreach & de worming program respectively. The youth skill acquisition training program lasted for 2 days. It was centered on different skills like; skill acquisition training on how to make soap, Vaseline, air freshener, disinfectant, how to produce school/hand bag with Ankara material, and how to produce paints. The free medical outreach & de worming program lasted for one day. There were free eye check, free dental check, free hepatitis test and vaccination, free de worming program by Emzor Company, and general body check for malaria, typhoid, hypertension, diabetes etc. The youths skill acquisition training and free medical outreach and de worming program was attended. The programs started with mobilization and advocacy visits. Rock of Ages workers and volunteers were used to disseminate/create awareness about the activity. The activity was put together for everyone including youths and children. We printed fliers to share to create awareness and made radio announcement about the program.

About 5,000 persons were reached with flyer messages. A total of **373** youths were trained on skill acquisition in school/hand bag making with Ankara materials, liquid soap, Vaseline, air freshener, disinfectant, while **388** youths were trained on how to make paint. A total of **622** clients were diagnosed with several diseases, and treated as well, and out of 622 clients, 64.31% were treated for malaria, 6.43% treated for hypertension, 0.16% treated for diabetes, 8.04% treated for ulcer, 1.61% treated for arthritis, 8.84% treated for typhoid fever, 1.13% treated for urinary tract infection, 2.41% treated for vaginal discharge, 6.43% treated for waist pain, whereas 0.64% were treated for skin rashes. A total **174** children

received free vaccine immunization out of which 53% were female, whereas 47% were male. A total of **500** children were de wormed, out of which 59% were female, whereas 41% were male. A total of **91** persons were given free hepatitis test and vaccination, out of which 4 % tested positive for hepatitis virus, whereas 96% that tested negative were vaccinated. A total of **152** persons were given free eye check, out of which 50% were given reading glasses, 46% were given drugs whereas 4% diagnosed with glaucoma, cataract and astigmatism respectively, were referred out to hospitals for further evaluation and proper care. A total of **200** persons were given free dental check, out of which the 200 persons were given toothbrushes and tooth paste.

1. INTRODUCTION

The activities is an integrated approach by Rock of Ages Empowerment Foundation to reach out to youths, children and the people of Abuja.

1.1 NIGERIA HEALTH SITUATIONAL ANALYSIS

With a population of 162, 265, 0002, As an important element of national security, public health not only functions to provide adequate and timely medical care but also track, monitor, and control disease outbreak. The Nigerian health care had suffered several infectious disease outbreaks year after year. Hence, there is need to tackle the problem. Malaria is a major public health problem in Nigeria and has the highest out of fifteen countries who accounted for 80% of global **malaria** deaths in 2016. ... Malaria is a risk for 97% of **Nigeria's** population, of which under-5 children and pregnant women are the most vulnerable. The **major public health challenges Nigeria** faces are infectious diseases, control of vector some diseases, maternal mortality, infant mortality, poor sanitation and hygiene, disease surveillance, HIV/AIDS, non-communicable diseases and road traffic injuries etcetera

1.2 SPECIFIC OBJECTIVE was:

Objective 1. To empower youths through skill acquisition training program.

Objective 2. To undertake effective mass mobilization campaigns and educate the general population on disease prevention, treatment, care and support .

Objective 3. To improve access to health care to the general population in remote and rural areas.

This report gives a detailed breakdown of the process towards conducting the 2 day training for youths, and 1 day free medical outreach & de worming program, the results and statistical analysis, achievements, lessons learnt, challenges and recommendations. Additional information on the inputs is attached in the annexes.

2. METHODOLOGY

Rock of Ages Empowerment Foundation took a technical lead in organizing and implementing the activities for the period under review. To ensure success, the following activities were implemented.

2.1 Youth Skills Acquisition Training & Development

The trainings were group into the following:

- **Liquid soap, Vaseline, Air freshener, disinfectant making:** These category had 373 youths as participants, and they were taught how to make liquid soap, Vaseline, air freshener, and disinfectant. There were practical session at the end of the training. The participants were overwhelmed as they expressed their gratitude about the training and its simplicity.
- **School/hand bag making with Ankara material:** The school/hand bag making with Ankara material attracted the same number of youths (373) as participants. They were assiduously taught how to make bag using Ankara material. There were practical session to that effect. and a finished product was displayed.
- **Paints production:** This category attracted 388 number of youths as participants. All the participants were fully engaged in the operational procedures in paints production.

At the end of the training the participants expressed their utmost satisfaction and gratitude to the management and staff of Rock of Ages Empowerment Foundation for this laudable program geared towards self empowerment, self reliance and financial independent.

2.2 Pictures - youths skill acquisition training program

The pictures below shows the set up of the skill acquisition training program for the youths;



2.3 Free Medical outreach and de worming program

A team of 64 personnel was set up. This comprised the Project Coordinator, the Technical Lead, the M&E lead, doctors, nurses, counselor testers, data entry clerks, volunteers, pharmacists, pharmacy technician, registrars and crowd control unit. The Project Coordinator, Technical Lead, M&E lead were responsible for developing a work plan and implementing the activities to achieve all the set objectives.

2.4 Pictures - Free medical outreach and de worming program

The pictures below shows the set up of the free medical outreach and de worming program;



2.5 Awareness Creation

Rock of Ages workers and volunteers were used to disseminate/create awareness about the activity. The activity was put together for everyone including youth and children. Fliers were printed and shared to create awareness, and radio announcement were aired about the program.

2.6 Publicity and Communications.

Publicity and communications activities were key to the success of the program. Wazobia FM was on ground to interview people and other media personnel were represented.

2.7 Multi disease approach

Multi disease approach was crucial to the success of the free medical outreach to ensure testing, and treatment.

2.8 Briefing

A briefing of all the staff was done before the outreach commenced. A demonstration of the testing procedure was done. The resource person re-emphasized the need for safety measures during and after all testing. The importance of the correct data collection was clearly explained to the volunteers and data clerks.

2.9 The free medical outreach

The free medical outreach and de worming program was held on Saturday 2nd November, 2019. There was huge turn- out of clients to the outreach site. It was a successful free medical outreach and the site was used in order to ensure effective utilization of the services.

3.0 Results, Data analysis and Discussion

3.1 Youths skill acquisition training program

<i>S/N</i>	<i>SDA</i>	<i>Target</i>	<i>Number of beneficiaries</i>
1	School/hand bag making with Ankara material	Youths	373
2	Liquid soap, Vaseline, Air freshener, Disinfectant	Youths	373
3	Paints making	Youths	388

Distribution of the number of youths trained in various skills by RAEF

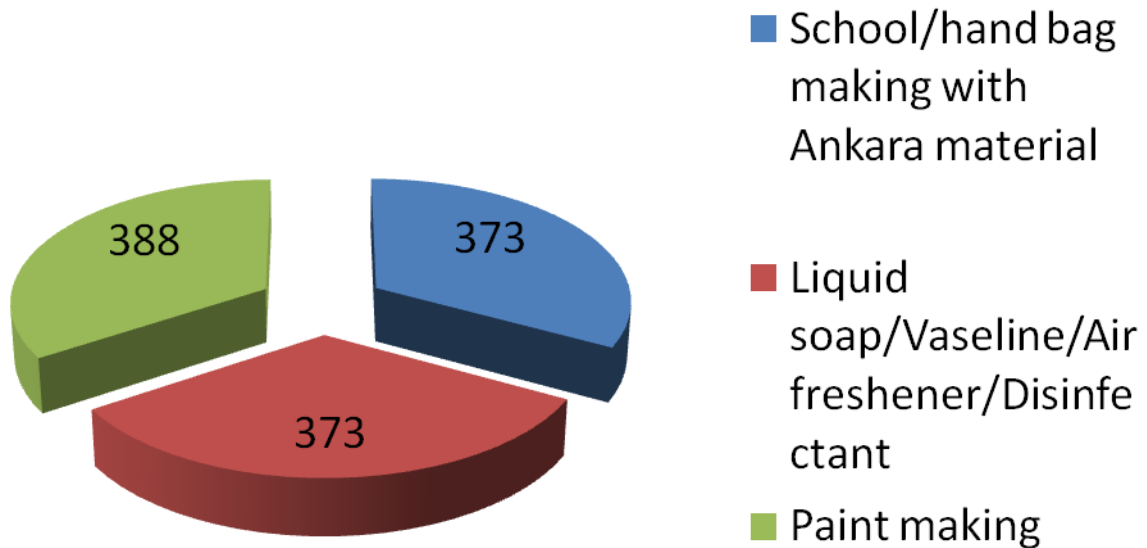


Figure 1: Distribution of individuals (youths) trained in various skills in RAEF Permanent site Pyakasa, Abuja

From the figure 1 above, 373 youths were trained on how to make school/hand bag with Ankara material. The same category of youths were trained on how to make liquid soap, Vaseline, air freshener and disinfectant. More so, 388 youths were trained on how to produce paints.

3.2 Free hepatitis test and vaccination

S/N	SDA	Hepatitis positive	Percentage
1	Hepatitis positive individuals	4	4%
2	Hepatitis negative individuals	87 (vaccinated)	96% (vaccinated)
3	Total	91	100%

Distribution of individuals tested for hepatitis and vaccinated

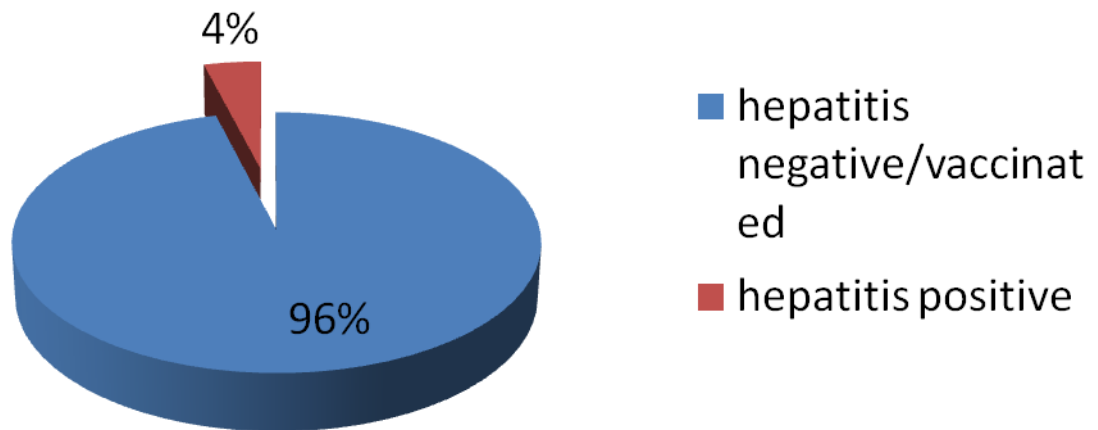


Figure 2: Distribution of individuals freely tested for hepatitis and vaccinated in RAEF Permanent site, Pyakasa Abuja

From the figure 2 above, out of 91 individuals tested for hepatitis, 87 (96%) tested negative for hepatitis virus and were vaccinated, whereas, 4 (4%) tested positive for hepatitis virus. The hepatitis result is not significant.

3.3 Free vaccine Immunization and data analysis

<i>S/N</i>	<i>Target</i>	<i>Number Immunized</i>	<i>Percentage</i>
1	Children - female	92	53%
2	Children - male	82	47%
3	Total	174	100%

Distribution of children given vaccine immunization

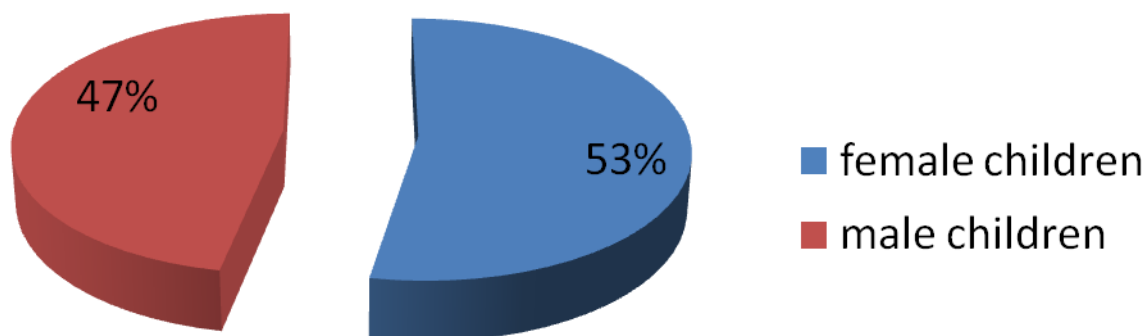


Figure 3: Distribution of children given free vaccine immunization in RAEF Permanent site, Pyakasa Abuja

From the figure 3 above, out of 174 children given vaccine immunization 92 (53%) were female whereas, 82 (47%) were male children.

3.4 Free de worming for children and data analysis

S/N	Target	Number de wormed	Percentage
1	Female gender	297	59%
2	Male gender	203	41%
3	Total	500	100%

Distribution of children freely de wormed

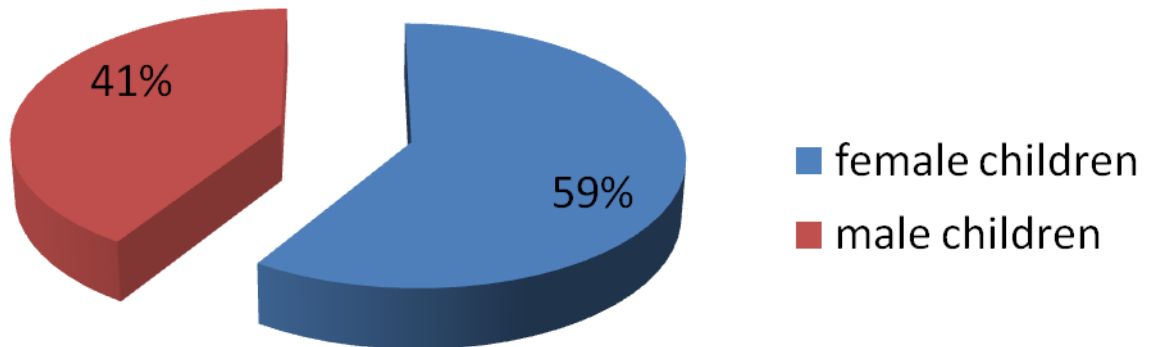


Figure 4: Distribution of children freely de wormed in RAEF Permanent site, Pyakasa Abuja

From figure 4 above, out of 500 children freely de wormed 297 (59%) were female whereas, 203 (41%) were male children.

3.5 Free eye care services and data analysis

S/N	Indicator	Number of individuals	Percentage
1	Number given glasses	76	50%
2	Number given drugs	70	46%
3	Number referred (cataract, glaucoma, astigmatism)	6	4%
4	Total	152	100%

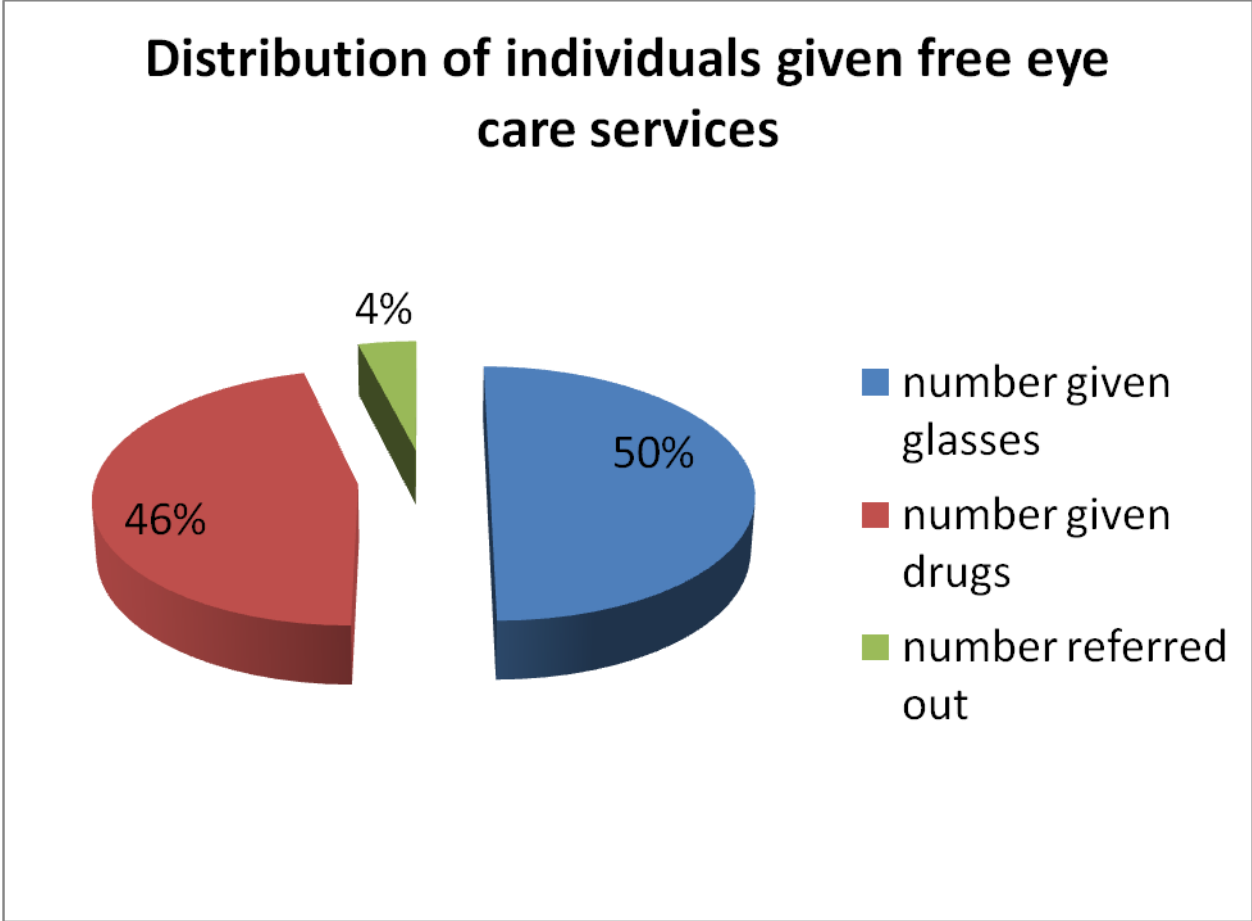


Figure 5: Distribution of individuals given free eye care services in RAEF Permanent site, Pyakasa Abuja

From figure 5 above, out of 152 individuals whose eyes were examined, 76 (50%) , and 70 (46%) of them respectively, were diagnosed with presbyopia. They were treated with reading glasses and drugs respectively. About 6 (4%) having early cataract, blur vision and glaucoma were advised to go to hospital for detailed test and treatment.

3.6 Free dental care services and data analysis

<i>S/N</i>	<i>Indicator</i>	<i>Number of individuals</i>	<i>Percentage</i>
1	Number given toothbrush	100	50%
2	Number given toothpaste	100	50%
3	Total	200	100%

Distribution of individuals given free dental care services

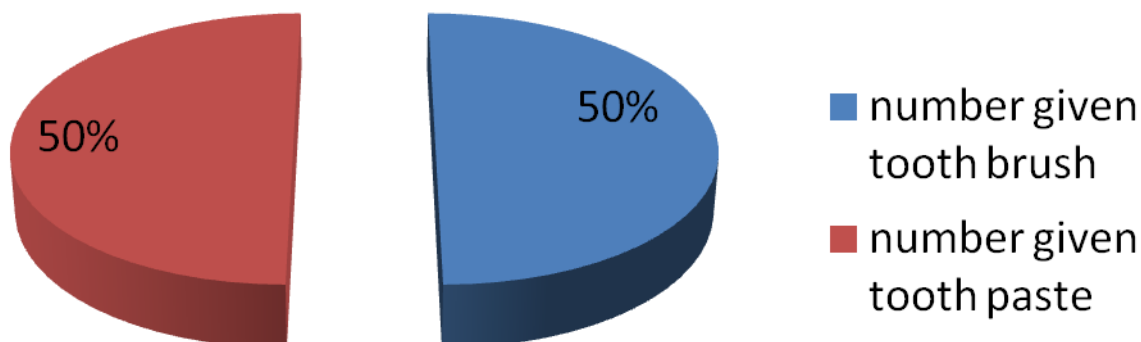


Figure 6: Distribution of individuals given free dental care services in REAF Permanent site, Pyakasa Abuja

From figure 6 above, out of 200 individuals whose teeth were examined, 100 (50%) , and 100 (50%) of them respectively, were diagnosed with poor oral hygiene, and proper biannual dental care was recommended. The affected individuals were treated given toothpaste and toothbrush.

3.7 Other disease cases and data analysis

S/N	SDA	Diagnosis	Treated	% Treated
1	Malaria cases	400	400	64.31%
4	Hypertension cases	40	40	6.43%
6	Diabetes cases	1	1	0.16%
7	Ulcer	50	50	8.04%
8	Arthritis	10	10	1.61%
10	Typhoid	55	55	8.84%
11	Urinary tract infection	7	7	1.13%
12	Vagina discharge	15	15	2.41%
13	Waist pain	40	40	6.43%
14	Skin rashes	4	4	0.64%
	Total	622	622	100%

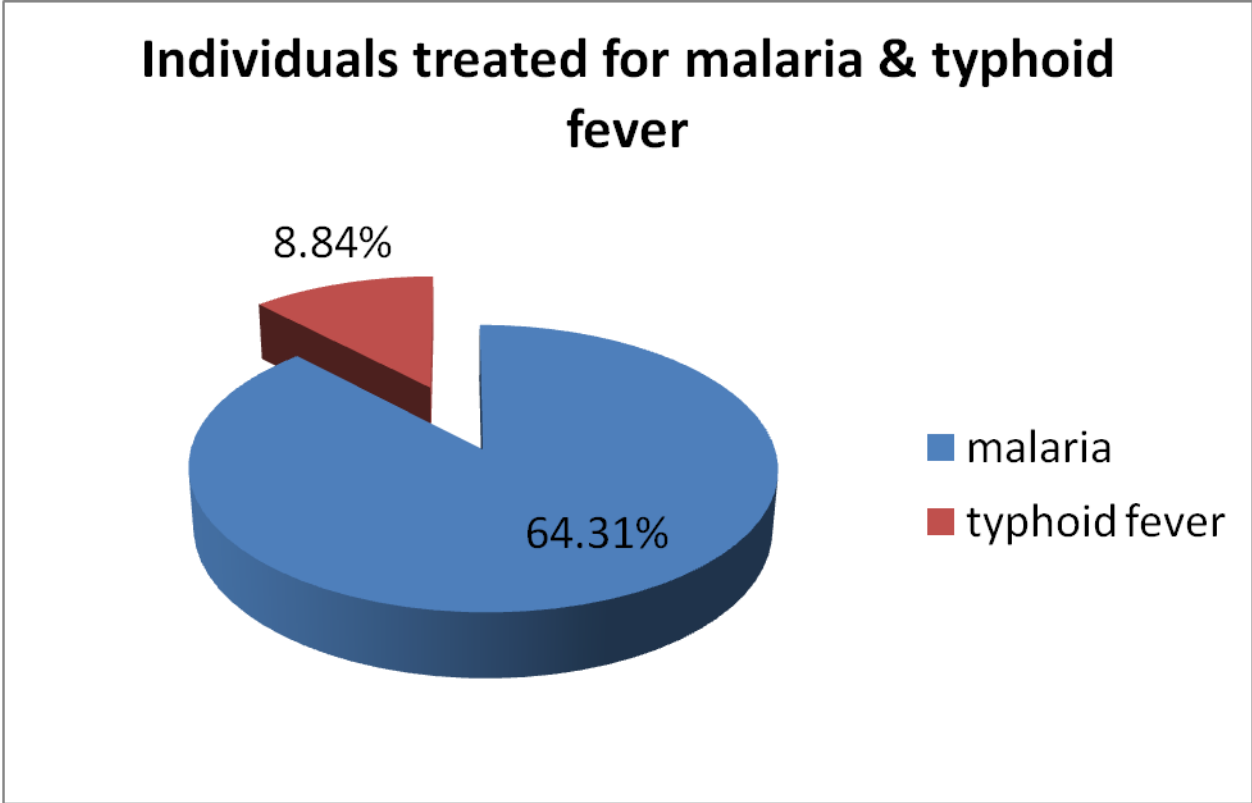


Figure 7: Distribution of individuals treated for malaria & typhoid fever in RAEF Permanent site, Pyakasa Abuja

From figure 7 above, out of 622 individuals that assessed other free medical services, 64.31 % (400) were treated for malaria, 8.84% (55) were treated for typhoid fever cases.

Further research from the data collected and analyzed shows that malaria is prevalent among children. However, children under 5 years are susceptible and vulnerable to malaria infection. The finding could be attributed to the fact that children under the age of five have not yet developed protective immunity against the most severe forms of the disease. Pregnant women and their newborns also are vulnerable, as malaria infection can increase the risk of miscarriage and low birth weight, as well as maternal and newborn death. According to the recently released CDC Morbidity and Mortality Weekly *report* revealed that persons who are unaware of their malaria contribute to nearly one third of ongoing transmission, hence the need for interventions and public health strategies to reduce the prevalence of malaria.

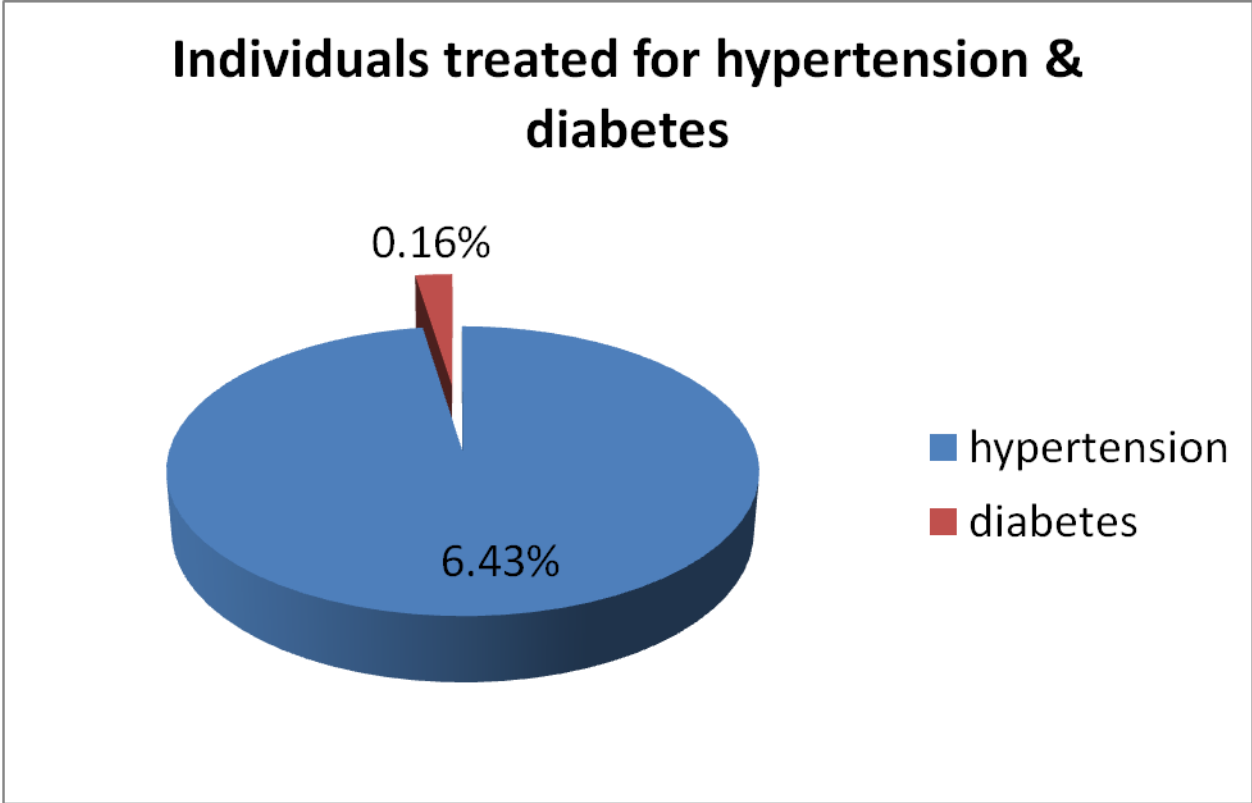


Figure 8: Distribution of individuals treated for hypertension & diabetes in RAEF Permanent site, Pyakasa Abuja

From figure 8 above, out of 622 individuals that assessed other free medical services, 6.43 % (40) were treated for hypertension, 0.16% (1) were treated for diabetes. Furthermore, out of the 40 individuals treated for hypertension, 20 persons are known hypertensive cases, whereas the other 20 persons are unknown hypertensive cases. The diabetes patient is also a known case.

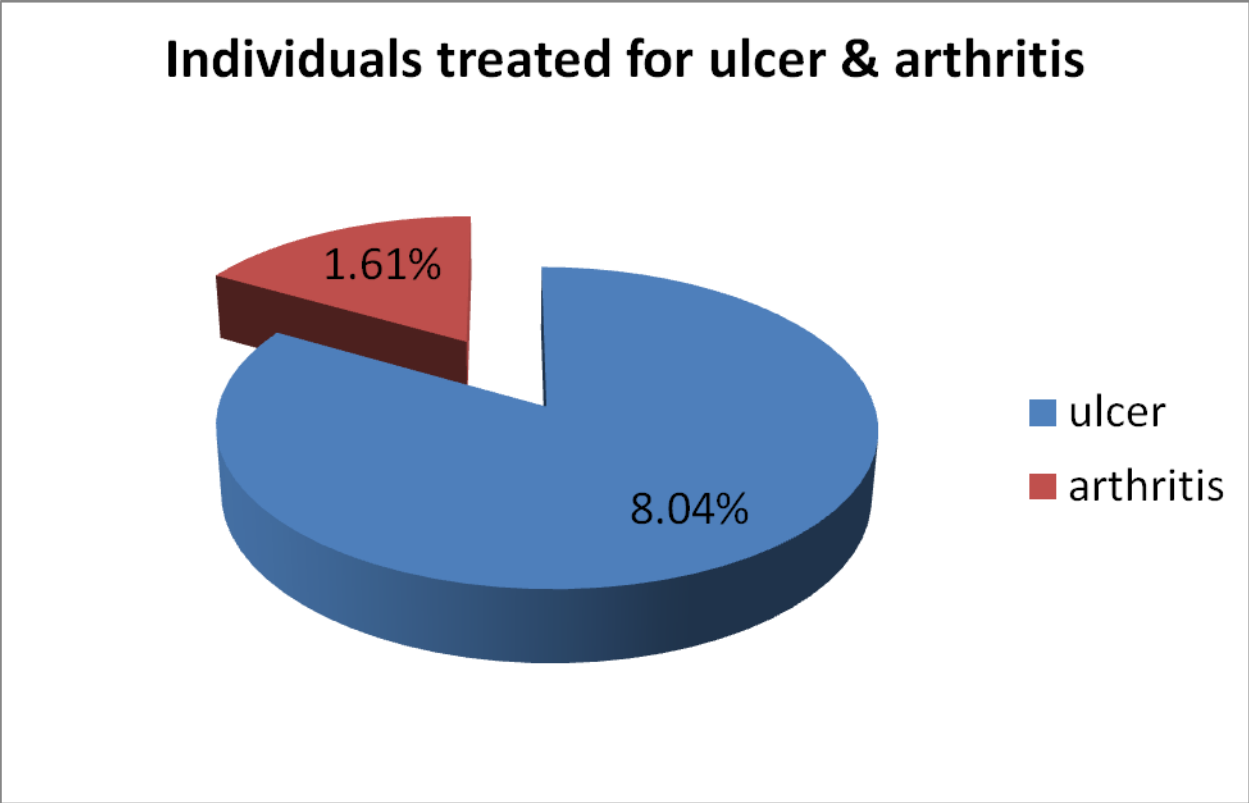


Figure 9: Distribution of individuals treated for ulcer & arthritis in RAEF Permanent site, Pyakasa Abuja

From figure 9 above, out of 622 individuals that assessed other free medical services, 8.04% (50) were treated for ulcer, whereas 1.61% (10) individuals were treated for arthritis. They are unknown cases.

Individuals treated for urinary tract infection & vagina discharge

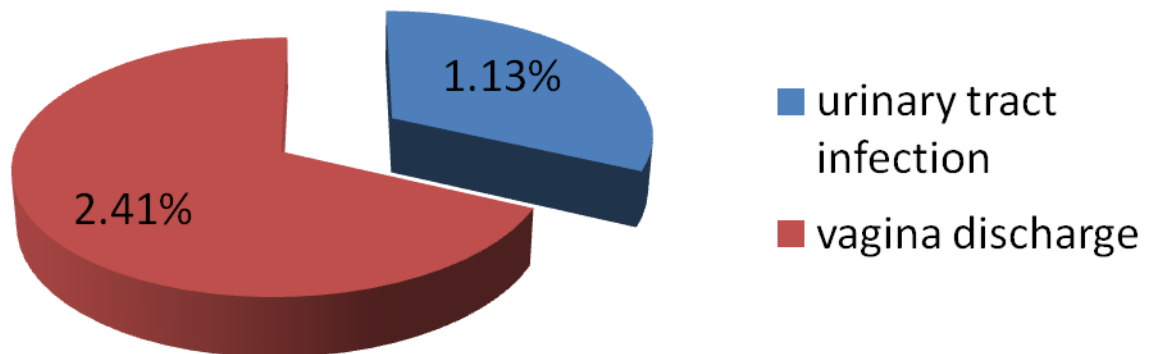


Figure 10: Distribution of individuals treated for urinary tract infection & vagina discharge in RAEF Permanent site, Pyakasa Abuja

From figure 10 above, out of 622 individuals that assessed other free medical services, 1.13% (7) were treated for urinary tract infection, whereas 2.41% (15) individuals were treated for vaginal discharge. They are unknown cases.

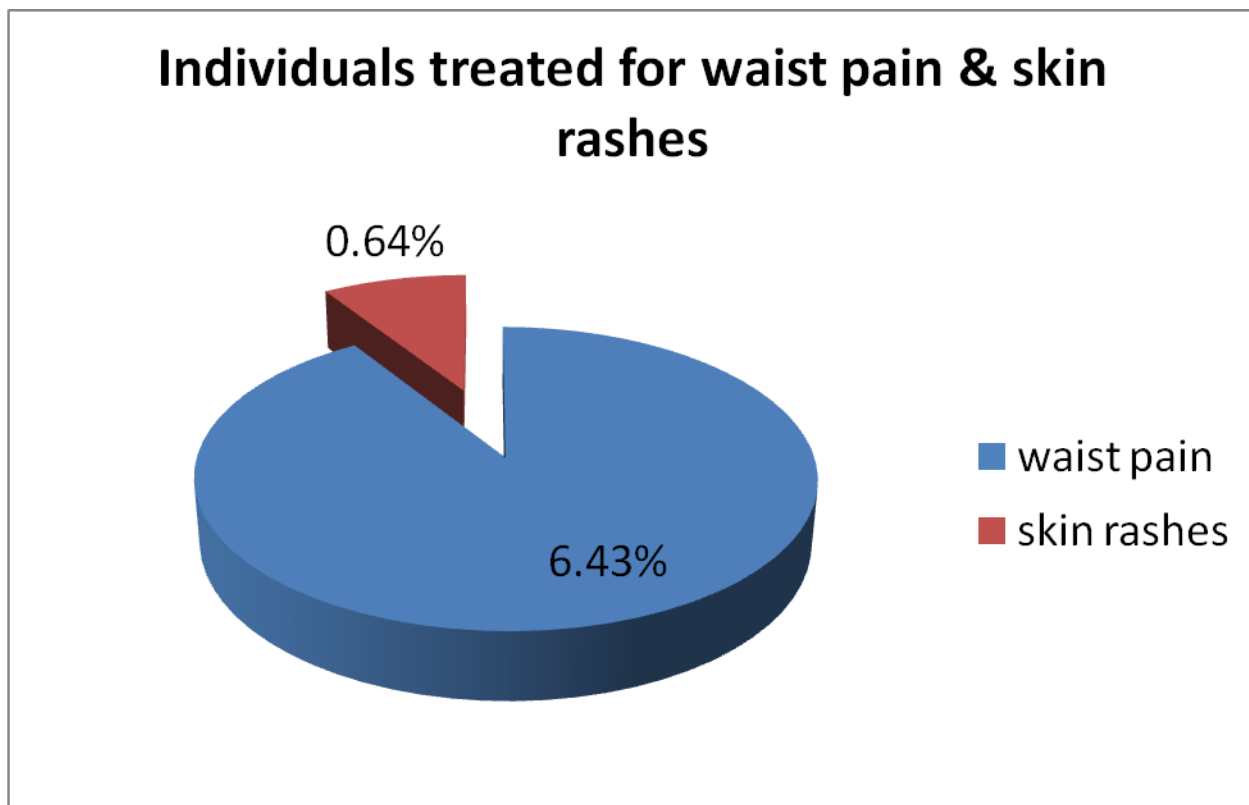


Figure 11: Distribution of individuals treated waist pain & skin rashes in RAEF Permanent site, Pyakasa Abuja

From figure 11 above, out of 622 individuals that assessed other free medical services, 6.43% (40) persons were treated for waist pain, whereas 0.64% (4) individuals were treated for skin rashes. They are known cases.

4.0 ACHIEVEMENTS

Method of publicizing the event which includes printing of fliers and the use of Rock of Ages workers and volunteers to disseminate/create awareness about the program, and mass media was a landmark achievement.

Timely arrival of participants, trainers, and delivery of the test kits, data collection tools and other materials.

5.0 CHALLENGES

Although there was massive turnout of the general population, however, no serious challenges were encountered.

6.0 LESSONS LEARNT

Taking the programs to the RAEF permanent site, Pyakasa Abuja, significantly increased the uptake of services.

7.0 RECOMMENDATIONS

Mechanisms should be put in place to monitor the outcome and impact of the youths skill acquisition training program.

Mechanism should be put in place to follow up clients that require re-testing especially during outreach should be established.

Body Mass Index (BMI) of clients should be determined during the free medical outreach. BMI is a screening tool that can indicate whether a person is underweight or if they have a healthy weight, excess weight, or obesity. If a person's BMI is outside of the healthy range, their health risks may increase significantly.